



# Punch Biopsy Wound Care Instructions

After your punch biopsy you will need to take care of your biopsy site(s) as it heals. Doing so may help you avoid pain or discomfort, lower the risk of potential post-procedure complications such as infection and improve overall scarring.

## **24 hours – suture removal (approximately 7 days post-procedure):**

- It is normal to have some slight tenderness and swelling near the biopsy site.
- Remove soiled dressing/bandage(s).
- Gently cleanse your site(s) by letting warm water and soap run over the site(s).
- Pat the site(s) area dry with a clean towel.
- Apply Polysporin directly to the incision.
- Apply small bandage or clean dry gauze to site(s).
- **DO NOT USE RUBBING ALCOHOL, HYDROGEN PEROXIDE, OR IODINE** which can harm the tissue and slow wound healing.

## **After suture removal:**

- Apply Polysporin directly to site(s).
- Continue to apply small bandage or clean dry gauze to the site(s).

In addition to this, you may be given further instructions for caring for your biopsy site. Be sure to follow those instructions carefully. If you are confused by the instructions or have a question, please contact the clinic.

## **Call the clinic if the following occur:**

- If you have an increase in swelling.
- If you develop redness that persists or worsens after a couple of days.
- If you have pain that is worsening or not relieved by medication
- If you develop a fever or chills.
- If you have yellow, green or white drainage or notice a foul odour.
- If you have tissue that turns dark purple or black.
- If you have bleeding that is not controlled with light pressure.

## **If you experience any of the following life-threatening emergencies, go to the nearest emergency department immediately:**

- Severe chest pain.
- Difficulty breathing, shortness of breath.
- Unconsciousness or non-responsive.
- Pain in the leg, increased swelling or discoloration to the leg.
- Slurred speech, one-sided weakness.
- Severe onset headache.

## **Contact Information:**

Please use the contact information below to reach us during regular business hours. In case of emergency, please go to your local emergency department.

# **We will see you at your next follow-up visits:**

Appointment: Follow Up for Suture Removal

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Location: Yazdani Aesthetics (747 Waterloo St., London, ON)

Appointment: Follow Up with Dr. Yazdani to Review Pathology Results

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Location: Yazdani Aesthetics (747 Waterloo St., London, ON)

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